

2023

HKG Runway operations and Weather records

下記の注意事項をご理解いただいた上で、ご利用ください。Please see the data after you read following guides and attentions.

—表の見方について : How to see this chart—

【滑走路運用 / Runway Operation】

| | |
|----|---|
| 07 | : 背景水色+青色文字⇒07運用/Skyblue back and blue figures ⇒07 Opearaion |
| 25 | : 背景桃色+赤色文字⇒25運用/ Pink back and red figures ⇒25 Operation |
| 07 | : その時期のトレンドと違う動きを見つけた場合は太いラインで囲った上、赤文字にしてあります When I found different operations from the trends which the day belonged, I changed the figures to red and mark with thick line. |
| | : 台風等による空港閉鎖(=動き無し) / Airport close due to typhoon (=No flights) |
| | : ごめんなさい(TWT)記録無し/ Sorry(TWT)No Data |

<注意: 運用記録>

- ①ランウェイチェンジのタイミングは15分刻みで記録しています。
- ②個人が趣味で記録しているので、記録が正しいか誰もチェックしていません。
- ③一日に何度かチェックして、ランウェイチェンジを見つけた時は前後の離陸機の軌跡から確認していますが、1時間程度で元に戻るような短期間のランウェイチェンジでは見落としがある場合があります(特に深夜)
- ④海外遠征中など、長期間香港を離れるときでも、チェックはしていますが、正確でない場合があります。
- ⑤朝の滑走路1本→2本の切り替えの時間は日によって違う(7:15-8:00)ため、8時で統一しています(その場にいるような時は正確に記しています)
- ⑥あくまで記録であり、未来を保障するものではありません。

<Attentions: Runway records>

- ①I recorded the time of runway changes by 15 minutes
- ②This record is just a individual hobby and nobody checked the correction
- ③All data is recorded by checking Flightrader several times everyday. When I found runway changes, I recorded it by trying to find the flights before and after. So I may looked over the short runway changes which changed back soon.(Especially in midnight)
- ④I checked HKG operations during my out of Hong Kong but the some records may not be correct.
(For example when I was in Iran, I could not get Internet connection for long time)
- ⑤The time when HKG changes runways from one to parallel in the morning are all recorded as 8:00AM. It exactly should be 7:15~8:00 but I cannot check them everyday.
(Of course I recorded exact time when I was there)
- ⑥This is just records, not those which guarantee the future.

【天気 / Weathers>

① 記号の意味/ Meaning of the symbols

- ☀: 晴れ / Sunny ☀: 快晴 / No clouds ☁: 曇り / Cloudy ☁: うす曇り/Cloudy with lights
 🌧: 小雨 / Light Rain 🌧: 雨 / Rain 🌧: 激しい雨 / Heavy Rain 🌪: 風の強い日 / Strong Winds

② 背景の意味/ Meaning of the back

| | | | |
|------------------|----------------|----------------------|----------------------|
| 視程 Visibility | 視程普通/Normal | 視程よし/Good Visibility | |
| ガス Gas | ガス少/Light Gas | ガス多/Strong Gas | 特に濃い/Much Strong Gas |
| 雨 Rain | 視程普通/Normal | やや明るい/Little light | 雨で真っ暗/Dark with Rain |
| 霧 Fog | 霧少 / Light Fog | 霧多 / Strong Fog | 濃霧 / Much Strong Fog |

【注意: 天気】

- ①毎日メモを取るようになったのは2017年後半からで、それ以前は気になった日のみです。
- ②平日の昼間等、**空港にいない日は香港島中環(セントラル)のオフィスから見た空を記録しておりますので、空港とは誤差がある点ご了承ください。**
★**空港と香港島の間には山があり、天気が違うことも多いです★**
- ③遠征等で香港にいない時は、帰港時にネットの天気予報で確認しました。
- ④個人が趣味で記録したデータですので、誰も正しいかチェックしていません。
- ⑤あくまで記録であり、未来を保障するものではありません。

【Attentions: Weathers】

- ①I recorded waether everyday from latter 2017, before then, I recorded just particular weather days.
- ②**On weekday when I stay in my office (central district in Hong Kong island), I recorded the skies seen from there so there must be some differences from those around airport.**
★**Due to high mountains between Hong Kong island and airport district, weather sometimes is quite different★**
- ③When I was out of Hong Kong, I checked by internet after my back to Hong Kong.
- ④Nobody checked and this is just an individual's hobby
- ⑤This is just records, not those which guarantee the future.

| 日付 / Date | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | | |
|-----------|---------------|------|------|------|---|--------------|------|---|---|---|----------------|------|----|----|----|-----------|----|-------|----|----|---------------|----|----|--------|-------------|---------------|
| | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning | 昼 / Afternoon |
| 2023/1/1 | Sun | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️☀️☁️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/2 | Mon | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️☀️☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/3 | Tue | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:20 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/4 | Wed | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️☁️ | ☁️☀️☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 16:00 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/5 | Thu | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️☀️☁️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 12:00 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/6 | Fri | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☀️ | ☀️ | ☀️ |
| | | ↑07R | 1:20 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/7 | Sat | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☀️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/8 | Sun | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/9 | Mon | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️☁️ | ☔️☁️ | ☔️☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/10 | Tue | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️ | ☔️ | ☔️ |
| | | ↑07R | 1:20 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/11 | Wed | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️☔️☁️ | ☔️☁️ | ☔️☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/12 | Thu | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☔️☁️ | ☔️☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 13:00 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/13 | Fri | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:20 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/14 | Sat | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 10:30 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/15 | Sun | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/16 | Mon | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:20 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/17 | Tue | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/18 | Wed | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️☀️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 14:30 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/19 | Thu | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☀️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 13:00 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/20 | Fri | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️☁️ | ☀️☁️ | ☁️ |
| | | ↑07R | 1:20 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/21 | Sat | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/22 | Sun | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☔️☁️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25R | | | | | | | | |
| 2023/1/23 | Mon | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | 8:30 | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑25L | | | | | | | | |
| 2023/1/24 | Tue | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:00 | 3:00 | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/25 | Wed | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️ | ☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/26 | Thu | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☁️☀️☁️ | ☀️☁️ | ☁️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/27 | Fri | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☀️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/28 | Sat | ↓07L | | | | | | | | | | | | | | | | | | | | | | ☀️ | ☀️ | ☀️ |
| | | ↑07R | 1:15 | | | | 7:15 | | | | | | | | | | | | | | | | | | | |
| | | ↓07L | | | | | | | | | | ↑07R | | | | | | ↑07R | | | | | | | | |
| 2023/1/29 | Sun | ↓07L | | | | | | | | | | | | | | | | | | | | | | | | |

| 日付 / Date | | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | | | |
|-----------|-----|---------------|------|---|---|---|--------------|-------|---|---|---|----------------|-------|----|----|-------|-----------|-------|----|-------|---------|---------------|---------|-----------|-------|-------------|---------------|-----------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning | 昼 / Afternoon | 夜 / Night |
| 2023/2/1 | Wed | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 25R | | | | ↓ 07L | ↓ 07L | | | | | ☀️/☀️ | ☀️ | ☀️ | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | ↑ 07R | | | | | | | | | | | |
| 2023/2/2 | Thu | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️☁️☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/3 | Fri | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️☁️☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/4 | Sat | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 07L | ↓ 07L | | | | | ☁️/☀️☁️ | ☁️ | ☁️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | ↑ 25L | | | | ↑ 07R | ↑ 07R | | | | | | | | | | |
| 2023/2/5 | Sun | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☔☁️ | ☔☁️ | ☔☁️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/6 | Mon | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 25R | | | | ↓ 07L | | | | | ☔☀️☁️ | ☀️☁️☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/7 | Tue | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☔☁️ | ☀️☁️☀️/☀️ | ☀️/☀️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | | | |
| 2023/2/8 | Wed | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☁️☀️ | ☀️☁️/☀️ | ☀️☁️/☀️ |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | |
| 2023/2/9 | Thu | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☔☁️☀️ | ☀️☁️/☀️ | ☀️☁️/☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/10 | Fri | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️☁️/☀️ | ☀️☁️/☀️ | ☀️☁️/☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/11 | Sat | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☁️☀️☁️ | ☀️☁️☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/12 | Sun | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☔☁️ | ☀️☁️☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/13 | Mon | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☀️☀️ | ☀️/☀️ | ☀️/☀️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | | |
| 2023/2/14 | Tue | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☁️ | ☁️ | ☁️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/15 | Wed | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☀️/☀️ | ☀️ | ☀️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | |
| 2023/2/16 | Thu | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/17 | Fri | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 25R | ↓ 25R | | | | ↓ 07L | | | | | ☀️☁️☀️ | ☀️ | ☀️ | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 25L | ↑ 25L | | | | ↑ 07R | | | | | | | | | | | |
| 2023/2/18 | Sat | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/19 | Sun | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☀️☁️☀️ | ☀️☁️ | ☁️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | | | |
| 2023/2/20 | Mon | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☁️☀️ | ☀️/☀️ | ☀️/☀️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | | |
| 2023/2/21 | Tue | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/22 | Wed | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | | | |
| 2023/2/23 | Thu | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 25R | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | | | | |
| 2023/2/24 | Fri | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | | | |
| 2023/2/25 | Sat | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | | | | | | |
| 2023/2/26 | Sun | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | ↑ 25L | | | | ↑ 07R | | | | | | | | | | | |
| 2023/2/27 | Mon | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | | |
| 2023/2/28 | Tue | ↓ 07L | 1:15 | | | | | 7:15 | | | | ↓ 07L | ↓ 25R | | | | ↓ 07L | | | | | ☀️ | ☀️ | ☀️ | | | | |
| | | ↑ 07R | 07R | | | | 07R | ↑ 07R | | | | ↑ 07R | ↑ 25L | | | | ↑ 07R | | | | | | | | | | | |

| 日付 / Date | | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | |
|-----------|-----|---------------|------|---|---|---|--------------|-------|-------|---|---|----------------|----|----|-------|-------|-----------|----|-------|-------|----|---------------|----|----|----|-------------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning |
| 2023/3/1 | Wed | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25R | | | ↓ 25R | 18:45 | | | | ↓ 07L | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 10:15 | | | | | | 17:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/2 | Thu | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:45 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 12:15 | | | | | | 17:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/3 | Fri | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:45 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 13:30 | | | 16:00 | | | | | | | ↓ 07L | | | | | | | |
| 2023/3/4 | Sat | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:30 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 11:30 | | | | | | 17:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/5 | Sun | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 15:15 | | | | | | 17:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/6 | Mon | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 15:15 | | | | | | 17:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/7 | Tue | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:15 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 14:45 | | | | | | 17:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/8 | Wed | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:30 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 11:25 | | | ↑ 25L | | | ↑ 25L | 18:30 | | | | ↓ 07L | | | | | | |
| 2023/3/9 | Thu | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 17:25 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 9:45 | | | ↑ 25L | | | ↑ 25L | 17:25 | | | | ↓ 07L | | | | | | |
| 2023/3/10 | Fri | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 12:30 | | | ↑ 25L | | | ↑ 25L | 18:00 | | | | ↓ 07L | | | | | | |
| 2023/3/11 | Sat | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 9:45 | | | 12:15 | | | 16:00 | | | | | ↓ 07L | | | | | | |
| 2023/3/12 | Sun | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 19:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 12:40 | | | ↑ 25L | | | ↑ 25L | 19:00 | | | | ↓ 07L | | | | | | |
| 2023/3/13 | Mon | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 19:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 15:30 | | | ↑ 25L | | | ↑ 25L | 19:00 | | | | ↓ 07L | | | | | | |
| 2023/3/14 | Tue | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 19:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 12:40 | | | ↑ 25L | | | ↑ 25L | 19:00 | | | | ↓ 07L | | | | | | |
| 2023/3/15 | Wed | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 17:00 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 12:40 | | | ↑ 25L | | | ↑ 25L | 17:00 | | | | ↓ 07L | | | | | | |
| 2023/3/16 | Thu | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 14:25 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/17 | Fri | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:00 | | | 12:15 | | | 15:30 | | | | | ↓ 07L | | | | | | |
| 2023/3/18 | Sat | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:00 | | | 12:15 | | | 15:30 | | | | | ↓ 07L | | | | | | |
| 2023/3/19 | Sun | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/20 | Mon | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/21 | Tue | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/22 | Wed | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/23 | Thu | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/24 | Fri | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/25 | Sat | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/26 | Sun | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/27 | Mon | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/28 | Tue | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/29 | Wed | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/30 | Thu | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |
| 2023/3/31 | Fri | ↓ 07L | | | | | | ↓ 07L | ↓ 25R | | | ↓ 25L | | | ↓ 25L | 18:50 | | | | ↓ 07R | ☀ | ☀ | ☀ | | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | 8:30 | | | ↑ 25L | | | ↑ 25L | 18:50 | | | | ↓ 07L | | | | | | |

| 日付 / Date | | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | |
|-----------|-----|---------------|---------------------|---|---|---|--------------|---|---|---|---|----------------|----|----|----|----|-----------|----|----|----|----|---------------|----|----|----|-------------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning |
| 2023/4/1 | Sat | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/2 | Sun | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/3 | Mon | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/4 | Tue | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/5 | Wed | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/6 | Thu | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/7 | Fri | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15(25R)-1:40(07L) | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/8 | Sat | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/9 | Sun | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/10 | Mon | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/11 | Tue | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/12 | Wed | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/13 | Thu | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/14 | Fri | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/15 | Sat | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/16 | Sun | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/17 | Mon | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/18 | Tue | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/19 | Wed | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/20 | Thu | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/21 | Fri | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/22 | Sat | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/23 | Sun | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/24 | Mon | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/25 | Tue | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/26 | Wed | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/27 | Thu | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/28 | Fri | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/29 | Sat | ↓ 07L | | | | | | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☂ | ☂ | ☂ | | |
| 2023/4/30 | Sun | ↓ 07L | | | | | | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂ | ☂ | ☂ | | |
| | | ↑ 07R | 1:15 | | | | 7:15 | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☂ | ☂ | ☂ | | |

| 日付 / Date | | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | |
|-----------|-----|---------------|------|---|---|-----|--------------|------|---|---|-------|----------------|----|----|-------|-------|-----------|----|-------|-------|----|---------------|------|------|----|-------------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning |
| 2023/6/1 | Thu | ↓ 07L | 07L | | | 25R | 6:00 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☔-☔ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/2 | Fri | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 07L | | | ☀ | ☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/3 | Sat | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☀ | ☀ | ☀/☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/4 | Sun | ↓ 07L | 07L | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☀/☀ | ☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/5 | Mon | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁-☀ | ☀/☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/6 | Tue | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁-☔ | ☔☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/7 | Wed | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☀☁ | ☔☁ | ☔☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/8 | Thu | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☀☁☔ | ☀☁☔ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/9 | Fri | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | ↓ 07L | | | ☔☁ | ☁/☀☁ | ☁/☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/10 | Sat | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↓ 07L | | | | ↓ 07L | | | | ↓ 07L | | | ☔☁☀☁ | ☀/☀☁ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/11 | Sun | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁☀☁ | ☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/12 | Mon | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↓ 25R | | | | ↓ 07L | | | | ↓ 07L | | | ☁☀☁ | ☀/☀☁ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/13 | Tue | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 07L | | | ☁ | ☁/☀☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/14 | Wed | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☔☁ | ☁ | ☁☔ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/15 | Thu | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁☔ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/16 | Fri | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☁☔ | ☔☔☁ | ☔☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/17 | Sat | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁☔ | ☔ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/18 | Sun | ↓ 07L | 07R | | | 25L | 25L | 7:15 | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | ☁☔ | ☁/☀☁ | ☁ | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/19 | Mon | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☀☁ | ☀☁ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/20 | Tue | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☀☁ | ☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/21 | Wed | ↓ 25R | 25L | | | 25L | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☀☁☁ | ☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/22 | Thu | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☁☀☁ | ☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/23 | Fri | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☁ | ☁ | ☁ | | |
| | | ↑ 25L | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/24 | Sat | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/25 | Sun | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☁ | ☔☁ | ☔☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/26 | Mon | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↑ 07R | | | | ↑ 25R | | | | ↑ 25R | | | ☀☁☀ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/27 | Tue | ↓ 07L | 07L | | | 07L | 7:15 | | | | ↑ 07R | | | | ↑ 25R | | | | ↑ 07L | | | ☀☁ | ☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |
| 2023/6/28 | Wed | ↓ 07L | 07R | | | 07R | 7:15 | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | ☔☁ | ☁☀☁ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 07R | | | | ↑ 07R | | | | | | | |
| 2023/6/29 | Thu | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☀/☀ | ☔☁☀☁ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | | | | ↑ 07R | | | | ↑ 25L | | | | ↑ 25L | | | | | | | |
| 2023/6/30 | Fri | ↓ 25R | 25R | | | 25R | 7:15 | | | | ↓ 25R | | | | ↓ 25R | | | | ↓ 25R | | | ☁☔ | ☀☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | | | | ↑ 25L | | | | ↑ 25L | | | | ↑ 07R | | | | | | | |

| 日付 / Date | | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | |
|-----------|-----|---------------|------|---|---|---|--------------|---|---|---|---|----------------|----|----|----|----|-----------|----|----|----|----|---------------|----|----|----|-------------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning |
| 2023/7/1 | Sat | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 25R | | | | | ☁-☔ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 25L | | | | | ☔-☁ | | | | |
| 2023/7/2 | Sun | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 07L | | | | | ☔-☔ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☔ | | | | |
| 2023/7/3 | Mon | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☁ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☔-☁ | | | | |
| 2023/7/4 | Tue | ↓ 25R | 25R | | | | 25R | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☁-☔ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☔-☁ | | | | |
| 2023/7/5 | Wed | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☁ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☁-☀ | | | | |
| 2023/7/6 | Thu | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☁-☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/7 | Fri | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/8 | Sat | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀/☀ | | | | |
| 2023/7/9 | Sun | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/10 | Mon | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/11 | Tue | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☀/☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀-☀ | | | | |
| 2023/7/12 | Wed | ↓ 07L | 1:15 | | | | 6:45 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/13 | Thu | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/14 | Fri | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☀ | | | | |
| | | ↑ 07R | 07L | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/15 | Sat | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 07L | | | | | ☀-☁ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☀-☔ | | | | |
| 2023/7/16 | Sun | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀-☁ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☁ | | | | |
| 2023/7/17 | Mon | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀(2:00-) | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☀(16:00) | | | | |
| 2023/7/18 | Tue | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☔ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☔ | | | | |
| 2023/7/19 | Wed | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☔-☔ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☔-☁ | | | | |
| 2023/7/20 | Thu | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☁-☀ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☀ | | | | |
| 2023/7/21 | Fri | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀ | | | | |
| | | ↑ 07R | 07L | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☀ | | | | |
| 2023/7/22 | Sat | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☀/☀ | | | | |
| 2023/7/23 | Sun | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀-☁ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☔-☁ | | | | |
| 2023/7/24 | Mon | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀-☀ | | | | |
| 2023/7/25 | Tue | ↓ 25R | 25R | | | | 25R | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/26 | Wed | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀ | | | | |
| 2023/7/27 | Thu | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☀ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 25L | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☔-☁ | | | | |
| 2023/7/28 | Fri | ↓ 25R | 1:15 | | | | 7:15 | | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☁ | | | | |
| | | ↑ 07R | 07L | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 25L | | | | | ☀-☁ | | | | |
| 2023/7/29 | Sat | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☔/☁ | | | | |
| | | ↑ 25L | 25L | | | | ↑ 25L | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☔/☁ | | | | |
| 2023/7/30 | Sun | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☔/☁ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 07R | | | | | ↑ 07R | | | | | ☁ | | | | |
| 2023/7/31 | Mon | ↓ 07L | 1:15 | | | | 7:15 | | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀-☁ | | | | |
| | | ↑ 07R | 07R | | | | ↑ 07R | | | | | ↑ 25L | | | | | ↑ 07R | | | | | ☀-☀ | | | | |

| 日付 / Date | | 深夜 / Midnight | | | | | 午前 / Morning | | | | | 午後 / Afternoon | | | | | 夜 / Night | | | | | 天気 / Weathers | | | | |
|-----------|-----|---------------|---------------------|---|---|---|--------------|-------|---|---|---|----------------|-------|----|----|----|-----------|-------|----|----|----|---------------|------|-----|----|-------------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 朝 / morning |
| 2023/8/1 | Tue | ↓ 07L | 07L | | | | 07L | ↓ 07L | | | | ↓ 07L | | | | | ↓ 07L | | | | | ☀-☂ | ☂-☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 07R | | | | | ↑ 07R | | | | | | | | | |
| 2023/8/2 | Wed | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 07L | ↓ 07L | | | | | ☀ | ☀ | ☀ | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 07R | ↑ 07R | | | | | | | | |
| 2023/8/3 | Thu | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀ | ☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/4 | Fri | ↓ 25R | 25R | | | | 25R | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀-☂☁ | ☂☁-☀ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/5 | Sat | ↓ 25R | | | | | | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁-☁ | ☀☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/6 | Sun | ↓ 25R | 25L | | | | 25L | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀/☀ | ☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/7 | Mon | ↓ 25R | | | | | | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☁☂ | ☂☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/8 | Tue | ↓ 25R | 25R | | | | 25R | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁☂☁ | ☂☁☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/9 | Wed | ↓ 25R | | | | | | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁☂☁ | ☂☁☀ | ☀ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/10 | Thu | ↓ 25R | 25L | | | | 25L | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁ | ☂/☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/11 | Fri | ↓ 07L | 25R | | | | 25R | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂/☁ | ☂/☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/12 | Sat | ↓ 25R | | | | | | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁ | ☀☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/13 | Sun | ↓ 25R | 25L | | | | 25L | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂/☁ | ☂/☁ | ☂/☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/14 | Mon | ↓ 25R | | | | | | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂-☁ | ☁☀☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/15 | Tue | ↓ 25R | 25R | | | | 25R | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☂ | ☂☀☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/16 | Wed | ↓ 07L | 1:15(07R)-1:30(25L) | | | | 25L | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁☀ | ☀☀☀ | ☀ | | |
| | | ↑ 07R | | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/17 | Thu | ↓ 25R | 25L | | | | 25L | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁ | ☂/☁ | ☂/☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/18 | Fri | ↓ 25R | | | | | | ↓ 25R | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☂/☁ | ☀☁ | ☀☁ | | |
| | | ↑ 25L | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/19 | Sat | ↓ 07L | 1:15 | | | | 5:30 | 7:15 | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁ | ☀☁ | ☀☁ | | |
| | | ↑ 07R | | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 07R | ↑ 07R | | | | | | | | |
| 2023/8/20 | Sun | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀☂☁ | ☂☁☀ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/21 | Mon | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀ | ☀☀☁ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/22 | Tue | ↓ 07L | 07L | | | | 07L | ↓ 07L | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀ | ☀ | ☀ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/23 | Wed | ↓ 07L | 07R | | | | 07R | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀☁☁ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/24 | Thu | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☁☂☁ | ☂☀☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/25 | Fri | ↓ 07L | 07L | | | | 07L | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀/☀☀☁ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/26 | Sat | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀☀☁☁ | ☂☀☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/27 | Sun | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☁ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/28 | Mon | ↓ 07L | 07R | | | | 07R | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀☁☁ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/29 | Tue | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | ↓ 25R | | | | ↓ 25R | | | | | ☀☁☂☂ | ☂☂☂☁ | ☂☂☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | ↑ 07R | | | | | | | | |
| 2023/8/30 | Wed | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☀☁ | ☀☁ | ☀☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |
| 2023/8/31 | Thu | ↓ 07L | | | | | | ↓ 07L | | | | ↓ 25R | | | | | ↓ 25R | | | | | ☁ | ☁ | ☁ | | |
| | | ↑ 07R | 1:15 | | | | | 7:15 | | | | ↑ 25L | ↑ 25L | | | | ↑ 25L | | | | | | | | | |